


**Breakfast Buffet 21 Adults, 14 Children age 4-12**

Belgian Waffles, Pancakes, Egg & Omelet Station, Breakfast Meats, Roasted Potatoes, Oatmeal, Selection of Breads, Pastries and Bagels, Display of Fresh Fruit, Cereals, Fruit Yogurt, Fresh Juice, Starbucks Coffee, Decaffeinated, or Tazo Tea  
Served daily from 6am until 10am


**Continental Breakfast 17**

Served with a choice of three Pastries, Fresh Juice and Starbucks Coffee or Tazo Tea


## BREAKFAST

SuperFoodsRx® dishes specifically pair whole foods to boost their nutritional benefits and their flavors.  Antioxidant-rich and naturally low in calories, SuperFoods are known to improve well-being and longevity. We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions. **GF**

<b>Steel-Cut Cinnamon Scented and Almond Oatmeal</b> 	<b>13</b>
With Dried Fruit and Drizzled with Honey	
<b>Egg White Omelet, With Broccoli and Cheddar</b> 	<b>14</b>
Cured Roma Tomatoes, Crispy Hash Browns or Spring Salad	
<b>Smoked Salmon, Silky Tofu and Avocado</b> 	<b>17</b>
Toasted Bagel, Smoked Salmon with Micro Greens and Grape Tomatoes	
<b>Scrambled Egg, Turkey and Cheddar Wrap</b> 	<b>16</b>
Rolled with Avocado in a Wheat Tortilla with Chipotle Salsa. Served with Hash Browns or Spring Salad	
<b>Granola, Greek Yogurt and Market Berries</b> 	<b>13</b>
Greek Yogurt with Flax Seeds and Almonds	
<b>Traditional Eggs Benedict</b>	<b>18</b>
Two Poached Eggs and Canadian Bacon on a Toasted English Muffin with Classic Hollandaise Sauce. Served with Roasted Potatoes and Garnished with Seasonal Fruit	
<b>Soleil Omelet</b> <b>GF</b>	<b>17</b>
Choice of Ham, Sweet Peppers, Onions, Tomatoes, Seasonal Mushrooms, Avocado, Gruyere or Aged Cheddar Cheese. Served with Roasted Potatoes and Choice of Toast (Gluten Free Toast Available)	
<b>American Breakfast</b> <b>GF</b>	<b>19</b>
Two Eggs Any Style with Choice of Chicken Sausage, Bacon or Ham. Roasted Potatoes and Choice of Juice and Toast (Gluten Free Toast Available)	
<b>New York Steak &amp; Eggs</b> <b>GF</b>	<b>28</b>
Six Ounce Steak with Two Eggs any Style, Roasted Potatoes and Choice of Toast (Gluten Free Toast Available)	

<b>Golden Brown Pancakes, Wheat Pancakes or Belgian Waffle</b>	<b>13</b>
Served with Whipped Cream, Maple Syrup and Butter. Garnished with Strawberries	
<b>Breakfast Quesadilla</b>	<b>16</b>
Scrambled Eggs, with Mushrooms, Tomatoes, Bell Peppers, Pico de Gallo Served with Queso Fresco and Avocado in a Flour Tortilla	
<b>California Fruit and Berry Plate</b> 	<b>16</b>
Served with Fruit Yogurt	
<b>Cold Cereal</b>	<b>8</b>
Raisin Bran, Special K, Low Fat Granola, Rice Krispies, Corn Flakes, Froot Loops, Cheerios, Frosted Flakes, Captain Crunch, Lucky Charms, Smart Start and All Bran Flakes Gluten Free Rice Chex <b>GF</b> Served with Choice of Milk: Whole, Low Fat, Non Fat, Soy or Almond	

## ACCOMPANIMENTS

Choice of Toast	<b>4</b>
English Muffin, White, Wheat, Rye, Sourdough or Gluten Free Toast	
Bagel with Cream Cheese	<b>7</b>
<b>Choice of Bagel:</b> Wheat, Plain, Cinnamon Raisin, Blueberry, Everything and Onion	
One Egg, Any Style <b>GF</b>	<b>5</b>
Two Eggs, Any Style <b>GF</b>	<b>6</b>
Oven Roasted Potatoes	<b>4</b>
Black Forest Ham	<b>6</b>
Canadian Bacon (Three pieces)	<b>6</b>
Fresh Bakery Basket (Three pieces)	<b>8</b>
Fresh Seasonal Berries  <b>GF</b>	<b>10</b>
Fresh Seasonal Melon	<b>9</b>
Non Fat or Fruit Yogurt	<b>6</b>
<b>Choice of:</b> Plain, Raspberry, Strawberry or Blueberry	

## BEVERAGES

<b>Fresh Juices</b>			
Orange, Grapefruit, Apple, Cranberry, Tomato, V8 or Pineapple			<b>5</b>
Milk: Whole, Low Fat, Non Fat, Soy or Almond			<b>5</b>
Westin Fresh by The Juicery Juices or Smoothies			<b>7</b>
Starbucks Coffee, Regular or Decaffeinated			<b>4</b>
Hot Chocolate			<b>4</b>
Tazo Tea Selection			<b>4</b>
<b>Regular:</b> Awake, Earl Grey, China Green, Green Ginger, Organic Chai, Zen			
<b>Decaffeinated:</b> Passion, Calm, Refresh or Wild Sweet Orange, Lotus Green			
Cappuccino	<b>5</b>	Double Cappuccino	<b>6</b>
Espresso	<b>4</b>	Double Espresso	<b>5</b>
Café Latte	<b>5</b>	Café Mocha	<b>5</b>
Extra Shot	<b>1</b>		